Vastu - Residential

Principles

1. Vastu functions on the principle of direction of energy flow with energy believed to come in from where the levels are the lowest and not being allowed to come in from where the levels are the highest.
2. The directions are determined in reference to the centre of the place whose Vastu is being looked.
3. There are eight key directions on the Vastu Compass – North, North East, East, South East, South, South West, West, North West) forming 8 quadrants with different characteristics:

	North	**North East**	**East**	**South East**	**South**	**South West**	**West**	**North West**
Energy Flowing In	+	++	+	-	-	--	+	+
For Entry	+	++	+	-	-	--	+	+
Level to be kept		Lowest				Highest		
Linked Element		Water		Fire		Earth		Wind
Considered Appropriate For		Place of Worship, Open Spaces, Entry		Kitchen		Master Bedroom		Kitchen (2nd pref), Non-Master Bedroom
Considered Inappropriate For		Kitchen, Toilets		Master Bedroom		Servant's quarters, children's bedroom		

Guidelines

Plot:

1. Ideal plot would are rectangular / square in shape with all four angles at 90. In the event of irregular shaped plots, a NE extension (angle < 90) is considered favorable and a NE or SW cut (angle > 90) is considered non-favorable.
2. Highest structures should be in the South West Corner and lowest in the North East Corner.
3. Geographical centre of the site to be kept unloaded (empty) (court yard concept).
4. Construction to preferably start from the South West and proceed towards the North East (such that the South West is always higher than the North East).

5. Heat generating utilities (electric substation, receiving station etc.) to be preferably placed in the South East or North West.
6. Waste Generating utilities (Garbage collection, Sewage Treatment Plant) never to be place in the North East and preferably not in the South West.

Building:

7. Main entrance to be such that a person does NOT face South while exiting the building.
8. Staircases to climb up clockwise. If possible, no. of steps (risers) should be odd.
9. South west quadrant of building to be highest (Overhead water tank can be placed in South or the West but not exactly in the South West quadrant).
10. North East quadrant of the building to be lowest (underground water tank can be placed in the NE quadrant).

Units:

11. Person should NOT face South while exiting the unit. Preferably person should face East or West while exiting. North is also acceptable. (**Must have**)
12. Toilets should be avoided in North East corner of the unit. (**Must have**)
13. Kitchen should never by placed in the North East (**Must have**) and may be placed in the South East (1st preferred) or North West (2nd preferred).
14. Master Bedroom should preferably be placed in the South West and never in the North East. (**Nice to have**)
15. Entry to the unit should be avoided from the South and South West directions.
16. North east cut to the unit should be avoided.
17. Ventilation should be highest from North and North East and if possible, South West should offer least ventilation.
18. Pooja Area / Room should be located such that the Deity faces east or west.
19. Heavy storage / electric utility inlet should be avoided in Geographic centre of the unit.
20. While locating the WC, it should be ensured that the user does not face east while sitting on the WC.